

# SRC'S 2020 SUMMER INTERNS



**DERRIAN CARTER**  
**(MANAGER: NANCY MILLS)**

**How was your overall experience at the first ever virtual FED?**

My overall experience at the first ever virtual FED was great. This was my first internship, and I enjoyed every moment of it. Although the FED isn't my comfort zone, I enjoyed learning a new culture.

**What did you enjoy the most at the virtual FED?**

I really enjoyed the DISC assessment meeting with Tracy and Nadra, and I enjoyed my weekly meetings with Nancy, Elizabeth and Inna.

**What song or movie title describes your internship experience at the FED?**

"Element" by Kendrick Lamar describes my internship experience because although the FED is not my comfort zone, I didn't let it take me out my element.

**Who has helped you the most during your internship? (You can name more than one)**

Nancy Mills, Inna Price, Elizabeth Olmstead and Jocey Jackson have helped me the most during my internship experience. They have helped in many ways including: assignments, getting to know one another, having fun and getting comfortable at the FED.

**What advice would you give to the next group of interns next year?**

My advise would be to talk more during meetings. Always share a thought you have because it will create an interesting dialouge.

**What is the most important thing you feel you learned from this internship experience?**

The most important thing I learned at the FED is networking. I met some incredible people at the bank, including some alumni that graduated from the AUC (Atlanta University Center), that will become possible mentors or just friends.



**CHRISTINE CATHERMAN**  
**(MANAGER: JOHN DOUGLAS)**

**How was your overall experience at the first ever virtual FED?**

My virtual experience with the FED was really good even through it probably was pretty different from an in person experience. I was so happy that the internship was still able to continue virtualy, and it ended up saving me a long commute.

**What did you enjoy the most at the virtual FED?**

I really enjoyed talking with people over Skype calls to get to know their roles and them better.

**What song or movie title describes your internship experience at the FED?**

The movie "The Internship" with Owen Wilson and Vince Vaughn describes my experience at the FED.

**Who has helped you the most during your internship? (You can name more than one)**

My manager, John Douglas, probably helped me the most during my internship by giving me good guidance and feedback on the projects he sent my way and by making sure I was included on as many calls and projects as possible.

**What advice would you give to the next group of interns next year?**

I would probably say really make an effort to talk to more people. This is something that I wish I did more, but I loved speaking to the people who I did talk to.

**What is the most important thing you feel you learned from this internship experience?**

The most important thing that I learned was to prioritize projects and manage my time better when I had a bunch of projects going on at once.

**How was your overall experience at the first ever virtual FED?**

Really great! I learned a lot, and it was really cool meeting everyone at the Federal Reserve.

**What did you enjoy the most at the virtual FED?**

I really enjoyed the History of the Fed Sessions. It helped with gaining great insights into the bank over the years.

**What song or movie title describes your internship experience at the FED?**

"Rhapsody in Blue." Mostly, because I listened to that song a lot over the summer.

**Who has helped you the most during your internship? (You can name more than one)**

I know this is not technically an answer, but everyone I have come into contact with has been extremely helpful and have allowed me to have a successful summer here.

**What advice would you give to the next group of interns next year?**

Try to connect with as many people as possible. Everyone here is very helpful.

**What is the most important thing you feel you learned from this internship experience?**

Learning about how to conduct yourself in a working environment and professionalism in the workplace.

**EESH CHAWLA**  
**(MANAGER: SCOTT HUGHES)**



**ALICE COLLIER**  
**(MANAGER: STAN SIMS)**

**How was your overall experience at the first ever virtual FED?**

My experience was great, amazing and wonderful. I felt very welcomed, it was a caring environment and I learned a lot during my summer here.

**What did you enjoy the most at the virtual FED?**

I enjoyed meeting different people during the virtual meetings, knowing about the different departments and what they do in their position; also how many years they worked at the Federal Reserve Bank of Atlanta.

**What song or movie title describes your internship experience at the FED?**

The movie title I chose was "Pitch Perfect" because in the movie the main character goes to college and tries to see where she fits in. During her first few days, she finds a acappella group to join and gets to know a lot of people in the group and finds out how funny, amazing and loving her new friends are, and they feel like family to her by the end of the movie. The few months I have worked here I feel that everyone I have met is funny, amazing, caring and great to be around.

**Who has helped you the most during your internship? (You can name more than one)**

I was helped the most by my amazing team members: Cindy, Leslie, Jason and Stan Sims.

**What advice would you give to the next group of interns next year?**

My advice would be to work hard, ask questions if you need help or don't know something, take the initiative on some tasks and pay attention to details.

**What is the most important thing you feel you learned from this internship experience?**

The most important thing I learned was working as a team is better than working alone to solve a problem.

**How was your overall experience at the first ever virtual FED?**

My overall experience with the FED this summer was amazing! The virtual experience was definitely a bit odd at times but was executed very well. I'm super thankful to everyone who made the virtual internship possible.

**What did you enjoy the most at the virtual FED?**

I enjoyed meeting new people and learning about their personal and professional experiences the most. Even though it was a bit awkward when my internet would go out during skype calls, it was a good way to still connect with people and socialize. I loved virtually exploring all the different business lines in the FED and learning what careers in those lines looked like.

**What song or movie title describes your internship experience at the FED?**

The song "Mind over Matter" by Young the Giant would describe my internship experience at the FED this summer very well. Given the circumstances that made it seem like the internship may not be possible, everyone took control of the situation and truly made the best out of a virtual atmosphere.

**Who has helped you the most during your internship? (You can name more than one)**

My buddies and managers really helped guide me through this virtual environment. Ashleigh-Jade Searles, Sumitra Haddad and Cheryl Bradley were my buddies, and they continuously made themselves available, answered all my questions and taught me about their respective business lines. Additionally, everyone I have interacted with this summer has been more than willing to help me in any way they could. I appreciate everyone's support and willingness to help out!

**What advice would you give to the next group of interns next year?**

Take advantage of all the resources at the FED. There are so many interesting people to connect with and business lines to explore. Take initiative and don't be scared to ask for something.

**What is the most important thing you feel you learned from this internship experience?**

I learned a lot this summer including professional skills and technical skills from my projects, but most importantly I learned what I like to do and what I don't. I gained more insight into what I want my career to look like in the near future and some direction for the rest of the year.

**How was your overall experience at the first ever virtual FED?**

I have really enjoyed my internship at the Fed, even with the fully virtual environment, because I have still gotten the opportunity to work on some interesting projects and meet great people.

**What did you enjoy the most at the virtual FED?**

I have really enjoyed meeting learning more about the Fed and the wide range of projects that are undertaken within the different departments at the Fed.

**What song or movie title describes your internship experience at the FED?**

"Whatever it takes" by Imagine Dragons – It's been an interesting experience to do the internship fully remotely but has had countless opportunities to learn and show how we are able to contribute to the overall goals of the Fed.

**Who has helped you the most during your internship? (You can name more than one)**

I have been really grateful to Mario Flores and Lauren Terschan for helping me learn the ropes and providing me some great projects to work on.

**What advice would you give to the next group of interns next year?**

Actively seek out additional projects and be willing to speak up if have any ideas to improve or expand upon a project you are helping with.

**What is the most important thing you feel you learned from this internship experience?**

I worked on a wide variety of data science projects that have helped me develop my data analytics and visualization skillsets from the many Python projects I have helped develop during my time in the internship.



**DANIEL HAUGEN**  
**(MANAGER: SCOTT HUGHES)**



**ELISE JOFFE**  
**(MANAGER: NANCY MILLS)**

**How was your overall experience at the first ever virtual FED?**

I have really enjoyed my experience at the virtual Fed! All of the interns and employees have put a lot of effort into making the internship successful. I have been able to expand my business acumen through diverse projects and working with knowledgeable employees.

**What did you enjoy the most at the virtual FED?**

I have enjoyed being able to connect with others through Skype meetings and other virtual formats. I appreciate the effort everyone is making to connect virtually! It has been an honor to be a part of the family culture at the Fed during the summer!

**What song or movie title describes your internship experience at the FED?**

“Happy” by Pharrell, because I am happy working at the Fed and staying productive and busy during the summer!

**Who has helped you the most during your internship? (You can name more than one)**

I have had the opportunity to meet many great employees during my internship this summer. My manager, project leaders and buddy have helped me the most to expand my skillset during my internship: Nancy Mills, Eric Kang, Yusuf Parpia, Ernie Evangelista, Jill Sanabria and Lauren Terschan. Thank you to all the employees I have met and worked with this summer!

**What advice would you give to the next group of interns next year?**

I would encourage the next group of interns to take the initiative to reach out to teams with work that interests them to learn more about the Fed and for diverse work projects! The more exposure you have to different areas of the Bank the more experience and perspective you can gain from the internship!

**What is the most important thing you feel you learned from this internship experience?**

I have learned how to prioritize and focus my time management skills. A work-from-home format has encouraged me to better understand my bandwidth in a more independent work setting.



**MANAV MATTHEWS**  
**(MANAGER: JORDAN LIGHT)**

**How was your overall experience at the first ever virtual FED?**

I truly enjoyed working for the Fed in this remote environment. I really appreciate the effort put in by everyone at the Bank to make the interns feel welcome and to provide ample opportunity for interns to learn, engage and contribute in these unusual circumstances.

**What did you enjoy the most at the virtual FED?**

My favorite part was the work culture and the people. Everyone was incredibly accessible and eager to talk with interns, and the work environment is serious but also fun and collaborative. I felt I could reach out to anyone at the Bank if I had questions or wanted to learn more.

**What song or movie title describes your internship experience at the FED?**

“Rearrange Us” by Mt. Joy, because of all the new arrangements, accommodations and adjustments the Fed and employees have had to make in response to COVID-19.

**Who has helped you the most during your internship? (You can name more than one)**

Jordan Light was my manager, and he was a great resource for questions I had during the internship or feedback on projects. John DeFrances was my buddy, and he put a lot of time and effort into walking me through different areas of the Bank and explaining examination work and how the Fed uses their various technologies and platforms. He taught me a lot and is one of the reasons why this experience has been so valuable for me.

**What advice would you give to the next group of interns next year?**

If your internship is also remote, make sure you put effort into reaching out virtually to others at the Bank. You can make many meaningful connections and build a valuable network, but this requires lots of IMing and Skype scheduling.



**ALLISON PARK**  
**(MANAGER: LISA EASTERWOOD)**

**How was your overall experience at the first ever virtual FED?**

Overall, I had a great experience at the virtual FED. I was able to work on very interesting projects and learn a lot about the business world through networking with a variety of people.

**What did you enjoy the most at the virtual FED?**

I enjoyed the feeling of inclusion. Although the internship was remote everyone, I talked to was very helpful and friendly. I also enjoyed the intern activities and meetings to learn more about myself and my cohort.

**What song or movie title describes your internship experience at the FED?**

“Come Together” by The Beatles because in this hard time of COVID everyone came together to make the internship happen and I am very grateful it did.

**Who has helped you the most during your internship? (You can name more than one)**

My buddy, Lisa Liu, helped me the most this summer by helping me find projects and explaining everything to me along the way. She took the time to ping me to make sure I had work to do and encouraged me to network and be involved with a variety of things this summer.

**What advice would you give to the next group of interns next year?**

I would tell the interns next summer to get involved as much as possible to get the most out of the experience!

**What is the most important thing you feel you learned from this internship experience?**

The most important thing I learned this summer is to be confident and to get involved. By stepping out of my comfort zone, I was able to have a very enriching experience.



**NOAH PERRY**  
**(MANAGER: VISHANT SHARMA)**

**How was your overall experience at the first ever virtual FED?**

It was awesome! I've really enjoyed attending virtual lunch meetings and getting to know people via Skype.

**What did you enjoy the most at the virtual FED?**

I've enjoyed how seamless some aspects of the work can be. For example, I can be in a virtual meeting related to a project and have the project files pulled up on my laptop at the same time. I can then screen share with the rest of the meeting if I need to do so.

**What song or movie title describes your internship experience at the FED?**

"Don't Stop Me Now" by Queen. I feel like we are all "traveling at the speed of light" with regards to the recent shift to remote work and having to learn any new skills required for a remote environment while still remaining Agile.

**Who has helped you the most during your internship? (You can name more than one)**

I think my "buddy" for the internship Addie Olson has helped me the most. She's been super helpful and definitely deserves a high-five award! I also think the entire team working with me on the project I've worked on as an intern has been extremely helpful and welcoming!

**What advice would you give to the next group of interns next year?**

If your internship is virtual, I personally have felt it's made a big difference to have a dedicated workspace and to only do Fed-related work at it. That way, it feels like you are "stepping away from work" even if you are still using a computer/technology.

**What is the most important thing you feel you learned from this internship experience?**

The most important thing I feel I have learned was how to decompress after work and keep easy-to-make healthy foods available in my home in case I'm short on time for lunch.

**How was your overall experience at the first ever virtual FED?**

It has been a wonderful summer! I thought working remotely went well. Everyone was very welcoming to the interns and patient with any questions or technical issues that came up.

**What did you enjoy the most at the virtual FED?**

I particularly enjoyed any of the events or meetings where I could learn about what the Fed does, or what people's careers here look like. There are so many more functions and possible paths than I thought!

**What song or movie title describes your internship experience at the FED?**

"How Far We've Come," by Matchbox Twenty is a good title for this internship experience because it feels like a great accomplishment to intern at the Fed and to leave this summer with some projects and professional experience under our belts. We are all just starting our careers, but look how far we've come already!

**Who has helped you the most during your internship? (You can name more than one)**

My buddy Ashleigh-Jade Searles was very helpful in introducing us to the Fed and offering support whenever we needed it! I also really appreciate the encouragement my manager, Forsetta McCord, has given over the summer.

**What advice would you give to the next group of interns next year?**

Make a point to network and get to know people, even on a more personal level. It's the genuine connections that make the internship stand out.

**What is the most important thing you feel you learned from this internship experience?**

Related to my advice to the next group of interns, I learned how important networking, and more specifically, having a sense of comradery with your team is. Networking is a great way to learn about different areas and career paths, and feeling connected with your team makes work that much more enjoyable!



**CLAUDIA PINOU**  
**(MANAGER: FORSETTA MCCORD)**



**PHILLIP SHAW**  
**(MANAGER: ADRIANA CABADA)**

**How was your overall experience at the first ever virtual FED?**

My overall experience with the virtual Fed program was very positive. Although all activities were virtual, I experienced the same level of professionalism and work environment as I expected.

**What did you enjoy the most at the virtual FED?**

During the virtual Fed, I enjoyed the work experience and the employee connections the most. I have gained invaluable experience working in the FBO group, and working with everyone at the Fed has been a pleasurable experience.

**What song or movie title describes your internship experience at the FED?**

A song that describes my internship experience would be "Use somebody" by the Kings of Leon. At the Fed I found that seeking help, asking questions, and working with others is the best way to produce affective work. Reaching out to others and using your colleagues for assistance is what made my experience at the Fed so positive.

**Who has helped you the most during your internship? (You can name more than one)**

My FBO team has helped me the most during my internship. Adriana Cabada, Valeria Vane-gas, and Giselle Niebles have always made sure that I felt comfortable, and they have assisted me in every way possible. All staff at the Fed has been extremely helpful to me, and I am very grateful to be able to work in such an environment everyday.

**What advice would you give to the next group of interns next year?**

My word of advice to the next intern class would be to meet as many people as possible and to make new connections everyday. All Fed employees have invaluable experience and advice that they love to share, and going out of your way to meet more people is the best way to take advantage of this.

**What is the most important thing you feel you learned from this internship experience?**

The most important thing I have learned at the Fed is how to work and collaborate with others effectively in a professional environment. The work experience was extremely valuable, however I believe that people skills are something that you keep forever.

**How was your overall experience at the first ever virtual FED?**

My expectations for a virtual internship were tepid, but I ended up having a great experience! My department worked really hard to loop me into their operations, and I learned a lot in nine weeks. Plus, they created opportunities for me to apply what interests me to my job! Overall, I'm really happy with how my virtual internship went and am grateful that the Fed took the steps to make that happen.

**What did you enjoy the most at the virtual FED?**

It's hard to name one thing, but all the intern activities that we did within SRC were really fun! The scavenger hunts, DiSC workshops and miscellaneous meetings were fun by themselves, but my favorite part was that they let me get to know the other interns. Being virtual has made connecting with everyone tough, but the activities definitely reduced some of the burden. Thanks to Nadra, Tracy and Mike for organizing them!

**What song or movie title describes your internship experience at the FED?**

"The End Has No End" by The Strokes, because even though this internship is ending, the things I've learned are going to stay with me indefinitely. (Bonus meaning: my internship was extended by two weeks, so this week's end has no end for me).

**Who has helped you the most during your internship? (You can name more than one)**

Andrew (Andy) Lee is an analyst on my team in CRM and was super helpful throughout my internship. He's great at explaining new concepts, and I always felt like I had a thorough understanding of everything he taught me. I've always had trouble explaining technical concepts to people without technical backgrounds, so when I had to teach my department about machine learning, I knew who to turn to for help. In the end, Andy gave me a lot of tips on how to explain things to a general audience, and he easily doubled the quality of the presentation I gave.

**What advice would you give to the next group of interns next year?**

From the outside, the Fed seems a little ominous, but on the inside, everyone is super friendly. Don't be afraid to get to know people!

**What is the most important thing you feel you learned from this internship experience?**

I think I got a lot better at explaining technical concepts to a non-technical group. Andy Lee taught me a lot of tricks that basically boiled down to "imagine your grandma is in the audience." It's a simple trick, but it really helped me monitor how I presented information and I think it made my content a lot more accessible.



**CAMERON WHALEY**  
**(MANAGER: CHRIS DONIPHAN)**